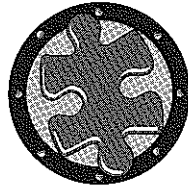


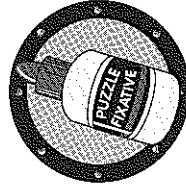
INSTRUCTIONS



COMPLETE PUZZLE

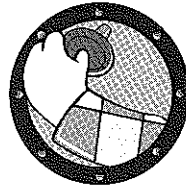
First complete the puzzle.

Then, using a piece of sponge, apply the puzzle fixative to the illustrated side of the puzzle. Make sure you only apply the fixative when the puzzle is lying on a wipe-able work surface so as not to damage the surface below. Ensure that the fixative has drained between the pieces taking special care with the edges and corners.



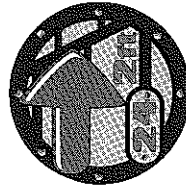
APPLY FIXATIVE

Allow 2 hours (approx.) for drying.



ATTACH TO WALL

When the puzzle has completely dried it can be attached to the wall. Make sure that the bottom of the measurement scale is placed at 90cm from the floor.



MEASURE YOURSELF

The height chart puzzle is now completed. Using the measurement scale you can now measure your height.

NB. The puzzle can be gently taken apart if you wish to do it again and further fixative can be purchased from a good puzzle stockist.