FOOD BINGO!





A BINGO GAME ALL ABOUT TASTY, HEALTHY FOOD

Play the game that helps children learn all about different types of food and how these are grouped together.

Each of the game boards is divided into the colours of the Food Wheel which shows which types of food – and how much – you should try to eat to stay healthy.

CONTENTS

- 4 game boards featuring the 'Food Wheel'
- 32 tokens with photos of different foods
- 1 spinner
- · A sheet that explains the 'Food Wheel'
- Handy tips to help you make tasty, healthy meals with and for your children. This way, mealtimes will become healthy, tasty and... fun!



SET UP

Choose a game board and carefully pop out the tokens. On one side, you'll see a part of the 'Food Wheel'; on the other, a photo of some food or drink. Place each token, photo side up, on the table and mix them around. If only two players are taking part, each can play with two game boards.



HOW TO PLAY 'FOOD BINGO!'

On your turn, spin the spoon spinner. When the arrow stops, it will be pointing at one of the five categories that make up the Food Wheel or at the Joker. (If the arrow stops between two categories, spin again.)



If the arrow points at a category of food, pick a token off the table that you think belongs in that group. Now see if you were right: turn over the token and place it, like a puzzle piece, into the matching space on your game board. If the token fits, the picture on the token will tie in with the picture on the game board. If they do not fit together, place the token back in the middle of the table, photo side up. All the food tokens of the same group will fit on any board, so long as they are placed in the right category. When you've finished, the next player on your left gets to spin the spinner and the game continues as before.

THE JOKER

If the arrow points at the Joker, you're in luck! You can choose any token. Check your game board to see where you still have tokens missing, choose a token from the table and see if it will fit. If you choose a token that does not fit anywhere on your board, put the token back on the table and end your turn.

Keep playing and taking turns. If at any time a player cannot place a token because that space on their game board is already filled, play passes to the next player.

WINNING THE GAME

The winner is the first player to fill all the spaces on his or her game board. If each player is playing with two boards, the game ends when the second board is filled. Once the tokens are all in place, you'll see that the Food Wheel is also complete! If you are the winner you get to wear a Grow with Jumbo sticker as a reward!

Made by Koninklijke Jumbo B.V., part of Jumbo Diset. P.O. Box 2224, 1500 GE Zaandam, the Netherlands. © Koninklijke Jumbo B.V., all rights reserved. Visit: www.jumbo.eu. Made in the Netherlands.

Warning: Not suitable for children under 3 years of age due to small parts. Choking hazard. Please keep this box for future reference.

23-06-10 13:40 12605 Handleiding.indd 2